

March Recap:

Terre Haute Walk in the Park



Alumni joined together for our first alumni monthly walk. Every third Thursday, we will be picking a park to meet up at and walk. You can stay informed on how to join up with us by staying engaged on our Alumni App. The week of the walk, we will have all the details posted for everyone to join us.

Local Concert in Terre Haute



Staff and Alumni joined together for a night of live music. Coming together, no matter what we do, is never a dull moment. Events like these show us that this works when we work it together. We are able to keep after our sobriety by showing up in numbers, ready and willing to support each other. United as one big Alumni family, it shows the newcomers and veterans of the Alumni that we can do this.



Upcoming in April

Super cool things to look forward to in 2025 with our alumni program!

As of last month, we started meeting every third Thursday of the month to walk at one of our local parks. Please come out and enjoy the fellowship and amazing weather coming our way.

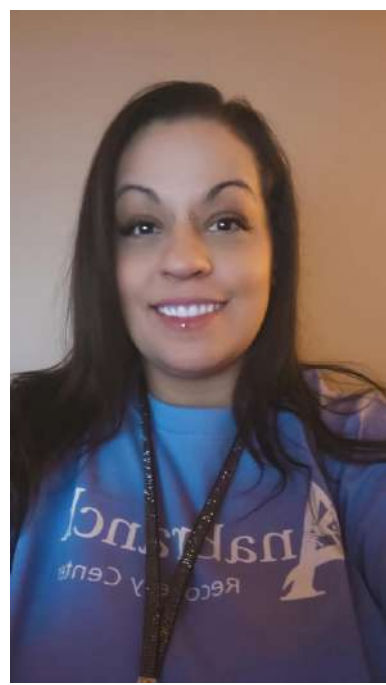
Coming up in the month of April, we will be joining together staff and alumni in a walk to raise awareness of suicide prevention. Please stay engaged in the app for further details on the walk, Saturday, April 12th, show time of 10 am.

Remember, for the most up-to-date information on Anabran Alumni Events, be sure to log into your Alumni App! For any questions on the app, please reach out to your Alumni Coordinator, Trevor @812-233-1264

April's Contest

For the Anabran Alumni April's 2025 Contest! All you have to do to enter is come to our Third Thursday event ready to get out and do some walking. The winner will be chosen at random and will receive something special from Anabran.

Meet one of our new Behavioral Health Technicians: Ashlie Wieck



Finally, the day came when I reached bottom, I had been removed from my job, my family life was in shambles, I got arrested, and I felt that my life had been a total waste. A friend gave me the number of Anabran Recovery Center. It was a difficult call. I was afraid that whoever I spoke with would be shocked by my situation and disgusted by my story, but that didn't happen. My call was handled with dignity and understanding. I will never forget the first meeting I attended at Anabran. I entered the room in total fear and desperation, unsure of how disturbed the one or two other addicts in the room might be. To my surprise, I was warmly greeted by a room full of recovering addicts. Finally! Finally, I was no longer alone! On that day, I felt the first stirrings of hope. It was a powerful sensation.

Anabran helped me arrange outpatient treatment for my addiction. I initially resisted accepting the tenets of the Anabran program until I witnessed Anabran's Alumni coordinator (at that time), Zac Pritcher's, success story firsthand and heard testimonials from others in the NA meetings. Imagine self-centered, controlling, egotistical addicts helping one another to stay clean and becoming better, more compassionate human beings in the process!

Thanks to Anabran, my life has turned around completely. I have 2.5 years of recovery currently, and now work for Anabran Recovery Center as a BHT. I have gone from someone that my family, friends, and co-workers tried to avoid to someone who is often sought out for professional and personal counsel and advice. I feel that I am a far better person, mother, and member of society today than I ever was before. This is because I now live in hope rather than fear. Anabran saves lives. I'm living proof of it!!

7-6-22 is a special day because not only is it my birthday, but my sobriety birthday as well!