

ALUMNI NEWSLETTER

May Recap:

Event Recap: A Night with Jeff Stultz



This month, our Alumni and current Anabran patients came together for a powerful and uplifting evening with speaker **Jeff Stultz**. Jeff shared his story of recovery, resilience, and faith—reminding us that healing is possible no matter where we've been.

Afterward, the evening continued with a **cookout, music, games**, and lots of laughs. It was a beautiful reminder that **we do recover—and we can have fun doing it.**

At Anabran, we believe in doing the *work together*. Nights like this show just how strong and supportive our community really is. Thank you to everyone who came out and helped make it special!

🏃♂️ Surviving the Color Run – May 17th Recap



On **May 17th**, a vibrant group of Anabranch Alumni came together for the annual **Surviving the Color Run**—and what a day it was! It was more than just a race — it was an incredible opportunity to **support one another, celebrate progress**, and have a blast in a sea of color and positivity.

Events like this remind us how powerful connection and community can be in recovery. Whether you ran, walked, cheered, or just showed up—thank you for being part of something meaningful.

Here's to many more miles (and colors) ahead together!



Upcoming in June

Tuesday Alumni Meetings – Come Join Us!

If you haven't stopped by for our weekly **Tuesday Alumni Meeting**, now's the time! We meet every **Tuesday at 6:30 PM in the Anabranch gym** — side by side with our newest community members. It's a great way to stay connected and be part of someone else's first steps in recovery. Plus, you'll get to check out the exciting remodeling happening around the facility!

Big Things Are Coming... Stay in the Loop!

We've been busy networking across the recovery community to bring **new and exciting events** to our Alumni Family. All event details will be posted in the **Alumni App**, so be sure to stay plugged in. Got an idea for an outing or activity? We'd love to hear it — send a message in the app or reach out directly!

Save the Date: Hidden Paradise Trip – July 12, 2025

Mark your calendars! We're heading out for a fun day at **Hidden Paradise Swimming Park** on **Saturday, July 12**.

Here's what to know:

- **Meet at Anabran** at **7:30 AM** to ride down together
 - All details and RSVP are in the **Alumni App** — please RSVP so we can plan ahead!
 - Expect sunshine, swimming, and great company
-

Need Help with the App?

For the most up-to-date info on all Alumni Events, log into your **Alumni App**.

Questions? Contact **Trevor, your Alumni Coordinator**, at **812-233-1264**.

June Contest for Anabran Alumni!

We're kicking off **June 2025** with a fun way to stay connected and involved!

Here's how it works:

Every time you attend a **Tuesday Alumni Meeting** this month, your name will be entered into a **drawing**. The more meetings you attend, the more chances you have to win!

At the end of June, one lucky participant will be **randomly selected** to receive a **special prize from Anabran** 🎁

So come out, show up, and stay engaged — recovery is better together, and a little fun never hurts either!



Tuesdays at 6:30 PM in the Gym

Don't miss your chance to win!



Alumni Spotlight: Tim C. — A Journey of Dedication and Growth



Back in January 2023, Tim C. completed the Anabran program and officially became an alumnus. Shortly afterward, he moved into the Odyssey Sober Living House, where he continued working on his recovery through drug court. During those first six months, Tim committed to attending six meetings a week and became active in community outreach events hosted by the sober living home.

His hard work extended beyond recovery. Tim started as a fry cook at Red Lobster, but his drive soon led him to a new position with Glass Co. as a metal fabricator. A year later, he advanced to a night shift tech role—a clear reflection of his determination and consistency.

Tim completed his sober living program and now gives back as a senior resident. Through it all, he stayed focused and completed his drug court program successfully. His dedication was recognized by Anabran as well: after six months of working as an overnight tech, Tim was promoted to **Lead Tech**. And just recently, as of June 2, 2025, Tim stepped into a new role as **Milieu Manager**, overseeing the entire tech team.

What many may not know is that before this chapter of his life, Tim proudly served in the **United States Navy** as a construction electrician from November 3, 2010, to April 14, 2012.

Tim is known for his unwavering positive attitude and his willingness to support others. His journey is a testament to what's possible with hard work, community, and hope.

Thank you, Tim, for your service, your leadership, and your example.