

Alumni Tuesday Meeting

A big shout out to these special people who have been coming in weekly to share the Alumni message of Hope for all of our future Alumni. We all believe and know that this works when we work it together. Ya'll are the best part of what we get to do of helping the next person. Helped people Help people!!! Keep it up and keep coming back. People listen when you share.



September Recap: Bowling Event



🎳 Event Recap: A night out having fun in recovery!

This month, our Alumni came together for a night filled with lots of laughing, fun, and of course food!!!

At Anabranched, we believe in doing the work together. Nights like this show just how strong and supportive our community really is and that we can have fun in our sobriety journey. Thank you to everyone who came out and made it special!

🏃♂️ Blackout Glow Run – September 19th Recap

On September 19th, a big group of Anabranched Alumni came together for the annual Blackout addiction Run — and what a night it was! More than 40 Alumni showed up lights shining in their sobriety — it was an incredible opportunity to support one another, celebrate progress, and have a blast in Gallons of blacklight paint and positivity. Events like this remind us how powerful connection and community can be in recovery. Whether you ran, walked, cheered, or just showed up — thank you for being part of something so meaningful. Here's to many more miles (and colors) ahead together!



🎵 Tuesday Alumni Meetings – Come Join Us!

If you haven't stopped by for our weekly **Tuesday Alumni Meeting**, now's the time! We meet every **Tuesday at 6:30 PM in the Anabranched gym** — side by side with our newest community members. It's a great way to stay connected and be part of someone else's first steps in recovery. Plus, you'll get to check out the exciting remodeling happening around the facility!

Big Things Are Coming... Stay in the Loop!

We've been busy networking across the recovery community to bring **new and exciting events** to our Alumni Family. All event details will be posted in the **Alumni App**, so be sure to stay plugged in. Got an idea for an outing or activity? We'd love to hear it — send a message in the app or reach out directly!



Upcoming Events in October

🌞 **Save the Dates: Come join us for a walk on the Wild side – 10/09/2025**
Mark your calendars! We're heading out for a fun day at **The Exotic Feline Rescue Center on Thursday, October 9th**.

Here's what to know:

- **Meet at Anabranched at 11 AM** to ride down together
- All details and RSVP are in the **Alumni App** — please RSVP so we can plan ahead!
- This event is for all alumni, friends and family
- Expect sunshine, fellowship, and great new memories

It's that time of the year for **Anabranched's Trunk or Treat -10/18/2025**

Come out and see all your favorite Anabranched employees and Alumni

Everyone is invited out for our special Anabranched Trunk or Treat

- **Meet at Anabranched from 6pm-8pm** for all kinds of candy
- This event is for **Alumni, Friends and family**
- **Location Anabranched's Parking Lot**

This you for sure do not want to miss out on **October 25th** a special **Recovery Hayride**

- This year we are teaming up with Terre Haute's ROL (Recovery Out Loud) group for a special hayride just for you!!!
- **On October 25th** meet in Anabranched's parking lot to all ride together at 2pm
- If you want to drive yourself, you can meet us there at **3pm**
- **Location:** 105 E depot St. Shelburn, IN 47879



Need Help with the App?

For the most up-to-date info on all Alumni Events, log into your Alumni App.

Questions? Contact Trevor, your Alumni Coordinator, at 812-233-1264.



October's Contest for Anabranched Alumni!

Here's how it works:

Every time you post something positive to our Alumni App this month, your name will be entered into a **drawing**. The more positive posts you post, the more chances you have to win!

At the end of October, the Alumni with **the most posts** will receive a **special prize from Anabranched** 🎁

Don't miss your chance to win!

🌞 Employee of the Month Spotlight:

John Dowd. — A Journey of Dedication and Growth

When asking John why he goes above and beyond every single day to help everyone he can around him he shared to show hope to the ones who need it. "I have been in those shoes and I know what it's like to be on that side fighting that battle. I have been there before having no one in my corner so I want to show everyone by being there the best way I know how to. That even after leaving we're still available to help support them in whatever way we can. If there is anything we can get done while they're here to set them up for success on the outside I'm proactive to make sure it is all complete so that's one less thing they have to worry about. This is a hard time in life for a lot of us it will be the hardest of times so by knowing the best resources that are out there for them gives them that hope that was given to me. I want to do everything in my power for everyone I meet for the same opportunities I have been given. I feel as if it is honor and a privilege to be in a spot now to offer my services to others. My best advice is go out there and really give it a try, you're only going to get out of it what you put into it. Know that you're not alone in this battle please always feel free to reach back out to us if you're in need of anything and we will help any way we can.



John is known for his unwavering positive attitude and his willingness to support others. His journey is a testament to what's possible with hard work, community, and hope.

Thank you, John, for your service, your leadership, and your example.